

**Q:** How can I order printed copies of the Loving Your Family, Feeding Their Future materials?

**A:** Ordering nutrition education materials from the Loving Your Family, Feeding Their Future: Nutrition Education Through the Food Stamp Program is quick and easy! Nutrition Educators can order printed copies of the initiative's Participant Materials as well as the *Their Future Means Everything To You* outreach brochure in both English and Spanish from the Food Stamp Program's Outreach and Nutrition Education Materials Ordering Center Web site. Complete Staff Support Kits (containing the Educator's Handbook and sample copies of each of the Participant materials) may also be ordered in limited quantities. Please note that if you are not working in food stamp nutrition education please obtain your Loving Your Family... materials from the download section on the Food Stamp Nutrition Connection web site. Hard copy orders are for those educators working directly with food stamp eligibles.

**Step 1:** Visit the Food Stamp Program's Outreach and Nutrition Education Materials Ordering Center's Web site by clicking on the "Order Printed Materials..." hyperlink under each available item on the FSNC Web site:

The screenshot displays the Food Stamp Nutrition Connection website. The header includes the USDA logo and the title "Food Stamp Nutrition Connection". A navigation bar contains links: Home, About FSNC, FSNC-Talk, Databases, Help, and Contact Us. A search bar is located on the left. The main content area is titled "Resource Library" and features a section for "Participant Materials". A red arrow points to the link "Order Printed Copies from the Food Stamp Program's Outreach and Nutrition Education Materials Ordering Center." under the "The Healthy Family Guidebook" item. The right sidebar contains a "Resource Library" section with links to "Click n' Go Education Materials", "Nutrition Education Materials from FNS", "Loving Your Family, Feeding Their Future", "Eat Smart, Live Strong!", "Nutrition Education for Older Adults", "Resource Finder", "Photo Gallery", "Referral Index", "State Newsletters", and "Sharing Center".

USDA United States Department of Agriculture

Loving Your Family Feeding Their Future  
Nutrition Education Through The Food Stamp Program

**Food Stamp Nutrition Connection**

Home About FSNC FSNC-Talk Databases Help Contact Us

You are here: Home / Resource Library / Nutrition Education Materials from FNS / Loving Your Family, Feeding Their Future / Participant Materials

**Resource Library**

**Participant Materials**

**The Healthy Family Guidebook**  
The Healthy Family Guidebook communicates MyPyramid messages in a way that is appropriate for low literate audiences for both English and Spanish language speakers. The Guidebook provides menus, recipes, and tips on buying and serving healthier foods.

Available for download in English and Spanish (PDF|2.9MB)

The *Seven Basic Habits* portion of The Healthy Family Guidebook is also available in black and white reproducible format in English and Spanish (PDF|1.9MB)

Order Printed Copies from the Food Stamp Program's Outreach and Nutrition Education Materials Ordering Center.

**Take Home Handouts**  
These handouts are designed to support and complement the Discussion Sessions and behavioral objectives of the *Loving Your Family...* initiative. They help the participant commit to a healthy behaviors like eating dark green or orange vegetables.

**Resource Library**

- Click n' Go Education Materials
- Nutrition Education Materials from FNS
  - Loving Your Family, Feeding Their Future
    - Eat Smart, Live Strong: Nutrition Education for Older Adults
- Resource Finder
- Photo Gallery
- Referral Index
- State Newsletters
- Sharing Center

**Step 2:** When you arrive at the Food Stamp Program's Outreach and Nutrition Education Materials Ordering Center's home page, scroll down toward the middle of the page. Click the downward arrow in the drop down box, then select "**Nutrition Education.**" The page will automatically update to display the Loving Your Family, Feeding Their Future Materials.

USDA Food Stamps

USDA United States Department of Agriculture  
Food and Nutrition Service

Home About FSP What's New Help Contact Us En Español

### Food Stamp Program Outreach and Nutrition Education Materials Ordering Center


**What outreach and nutrition education materials are available?**  
Outreach materials are designed to educate low income people about the nutrition benefits of the Food Stamp Program and encourage participation. Materials include posters, brochures, and flyers, among other items. Many are available in Spanish. All are free.

The nutrition education materials, including brochures, guidebooks, and handouts, convey messages from MyPyramid (and the 2005 Dietary Guidelines for Americans) in a low literacy format in English and Spanish. All are free.

**Who can use them?**  
Partners, advocates, food banks, State and local food stamp offices, food stamp nutrition educators and anyone else engaged in food stamp outreach or nutrition education is invited to order these materials. Many materials include the national toll free number; however, you may customize the materials with your own phone number by adding a sticker or a stamp.

**Are materials available in PDF for download?**  
Yes, many of these materials are also available in PDF for download. Some materials are only available in PDF and are not available in hard copy. To view items available for download and access PDF versions of the materials, click the "Go to Download Center" link below.

**How do I place an order?**  
Select a target population "nutrition education" from the drop down menu to view available items designed for that group. To view all available materials, select "Show All." Enter the quantity you wish to order in the box next to the item. Then click "Continue" button to continue. Enter your mailing address when prompted. Review your order or edit any of the information before placing the order by clicking on "Place order". You will receive a confirmation of your order by email. Orders are usually received within seven to ten days.

 [Go to Download Center](#)

General Public ☒ In the spaces below, enter the quantity desired of each item

General Public  
Working Poor  
Seniors  
Immigrants  
Disabled  
Veterans  
**Nutrition Education**  
Show All

about FSP English

**FNS3135**  
Questions and Answers about the FSP Spanish  
Brochure

Quantity:   
Related Audiences:

Quantity:   
Related Audiences:

**Step 3:** From this page, browse the available Loving Your Family, Feeding Their Future materials. To the right of each item is an empty box. Enter the quantity of each material desired into this box.

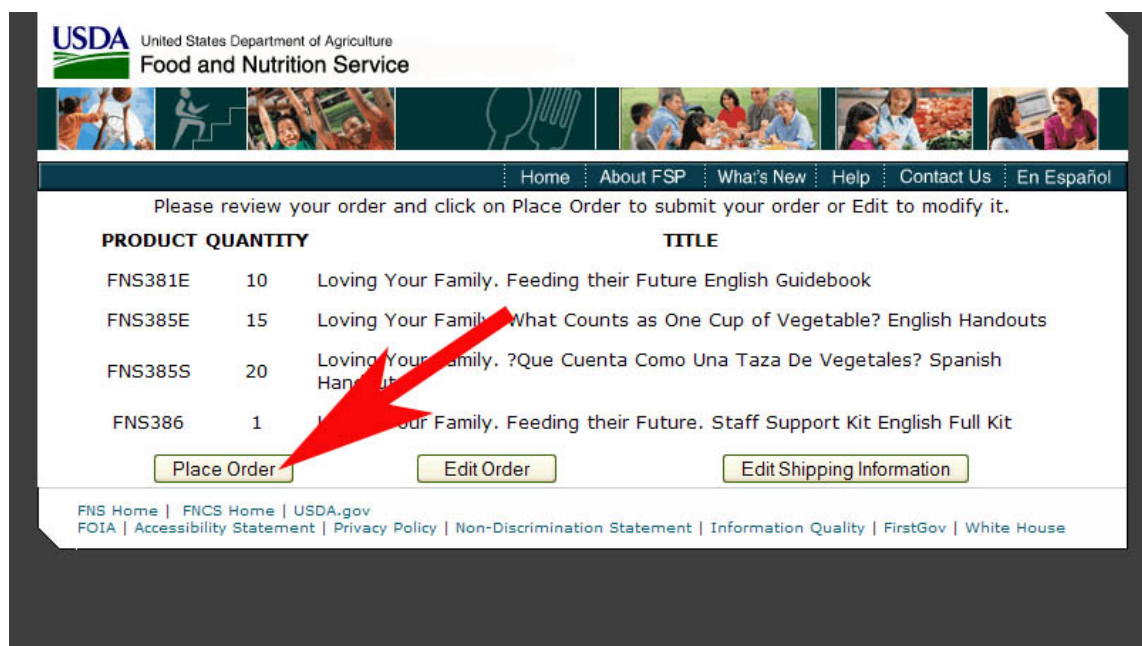
Nutrition Education  In the spaces below, enter the quantity desired of each item

<b>FNS105</b> Tips for Families (FSP) English Flyer 	Quantity: <input type="text"/> Related Audiences:	<b>FNS106</b> MyPyramid English Mini-Poster 	<div>Enter quantities here</div>
<b>FNS380E</b> Loving Your Family. Feeding their Future English Brochure 	Quantity: <input type="text" value="25"/> Related Audiences:	<b>FNS380S</b> Loving Your Family. Feeding their Future Spanish Brochure 	
<b>FNS381E</b> Loving Your Family. Feeding their Future English Guidebook 	Quantity: <input type="text"/> Related Audiences:	<b>FNS381S</b> Loving Your Family. Feeding their Future Spanish Guidebook 	Quantity: <input type="text" value="15"/> Related Audiences:

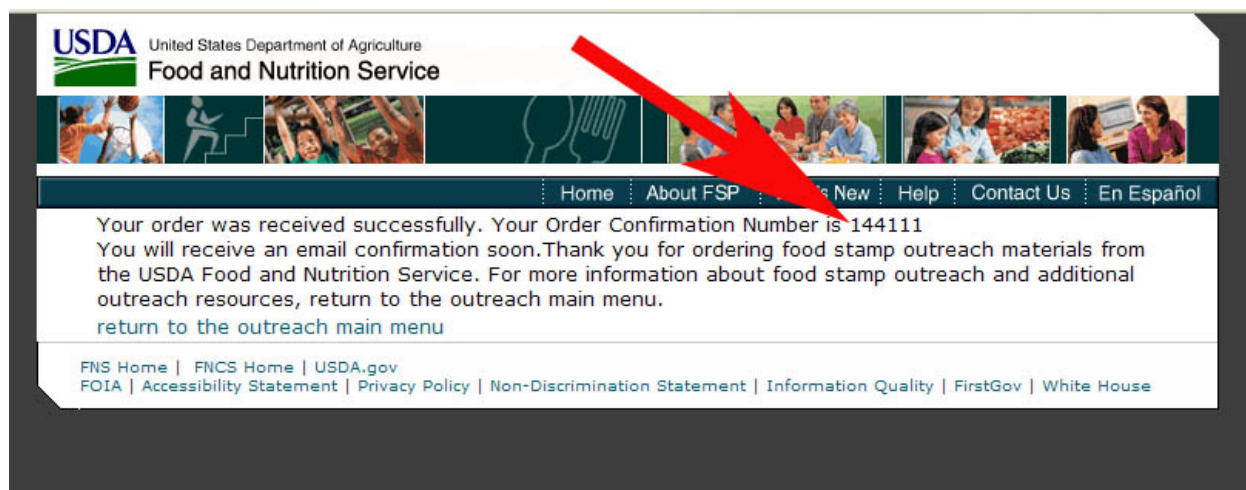
**Step 4:** Once you have entered quantities for all of the materials you wish to order, scroll to the bottom of the page and click “Continue.”







That's it! The next screen will provide you with an order confirmation number. You will also receive a confirmation e-mail . Keep this as a reference of your order. Orders are usually received within seven to ten days. Thank you for your interest in Loving Your Family, Feeding Their Future!



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